

What is your Energy Sensitivity Type?

★ INTUITIVE

★ EMPATH

★ HEALER

You are an INTUITIVE if...

INTUITIVES...

- You have a strong sense of information you can't know with your five senses (see, touch, taste, smell, hear)
- You may have premonitions
- Be able to more easily tell if someone is lying
- Know things that others don't know

INTUITIVES...

- You sense information in your conscious mind /thoughts (3rd eye)
- You may not know what to do with the information
 - Or where it is coming from
- You may have doubt from
 - Repeated invalidation of what you see from others who
 - don't want you to see it
 - or don't see it themselves
 - Trying to see something that has not yet occurred
 - Trying to know something that is someone else's information not yours

You are an EMPATH if...

EMPATHS...

- Are an INTUITIVE who reads energy by feeling it in your body
- You absorb the energy around you to understand it and that changes your emotions, thoughts, or physical sensations
- When you are around someone who is angry, even if that person is hiding their anger, you may feel angry for no reason
- If you are around someone who has a strong desire, it is hard to separate your YES and NO from that person's needs and desires
- You often need space to get clear for yourself

You are an ENERGY HEALER if...

ENERGY HEALERS...

- Either INTUITIVE or EMPATH in how you experience your sensitivity
- You clear energy for others or **take it on** to help another heal
- Process the unresolved wounds and pain of people in your life
 - May be just for family, friends or co-workers
 - Or as a professional healer: doctor, psychologist, massage therapist, etc.
- People say they feel better after being around you, but you feel worse